



## 5-PERSON RELAY 2019 INSTRUCTIONS

### EVENT DETAILS

A team of five (5) runners will complete the entire marathon distance/course.

Each runner will run one leg of varying distances, handing off a runner's belt containing your scoring BIB/ chip to the next team member at each relay exchange zone. All five (5) spots on your team must be registered in order to receive any team BIBs.

The course is the same as the marathon course. Exchange zones will be marked with flags, vertical signs and cones.

The Yark Subaru 5-Person Marathon Relay will begin on Secor Rd. just south of West Towerview Blvd., running a counterclockwise circle around campus before heading west into Ottawa Hills. The course then leads you to the area's finest Metroparks system utilizing the University Parks bike trail. A tour through Sylvania leads you to Olander Park, passing near the statue of Sy Mah, then back to Wildwood Metropark and down the University Parks Trail to a short tour of the UT campus, finishing inside the Glass Bowl Stadium.

### START TIME

7:02 AM on Secor Rd. at W Towerview Dr.

### AWARDS

There are awards for the top three (3) teams in each of the six (6) relay divisions. Please note that the relay team members are not eligible for individual age group awards unless also registered for an individual event. **All awards will be mailed post-race.**

### TIMING CHIPS & BIBS

All team members are required to wear their team's race number visible on the front of their torso. Your chip timing device will be attached to the back of an additional BIB and runner belt. Only one (1) runner belt will be provided to each team. The runner belt/BIB is to be handed off to your teammate at exchange points. Each runner belt must be turned in at the finish line.

### PACKET PICKUP

One member of your team will pickup everyone's swag. Your entire relay team's packet must be picked up at one time. Partial team pick-ups will not be allowed. Packets will include: a team bib with timing chip and relay belt, five individual bibs, one driving pass, one team instruction packet and five shirts (one for each member of the team in the sizes requested during registration).



## PERSONAL VEHICLE TRANSPORTATION

If you choose to drive/carpool your relay team, **you will be provided with one blue pass to be hung from your rearview mirror. This should be placed in the vehicle used during the race.** All parking must be in legal spots or lots. The course is not fully closed to traffic. There will be congestion in several areas. Allow plenty of time and be careful. Also note that there are limited parking spaces at exchange points. For safety and convenience, we have implemented a shuttle service for all relay teams. We recommend utilizing the shuttles to avoid potential traffic delays.

## DRIVING ROUTE



## SHUTTLE BUS TRANSPORTATION

Transportation shuttles will be provided using Washington Local School buses.

Shuttles will transport teams to each exchange point, from the starting line to the finish line. Shuttles will leave each point in groups of two. If you expect your runner to be quick, please board buses near the front of the line. If you're expecting a slower runner to complete their leg, please board a bus near the back.

Teams are responsible for knowing the time-frame each runner is expected to show up at exchange points. **Shuttles are for relay teams wearing BIBs only. Spectators are not allowed on the buses.** All teams must show their race BIBs to gain entry on each bus.

We ask that all runners are patient when waiting for the shuttles to leave for the next exchange point. Our shuttles will be navigating this course swiftly and as safely as possible.

**Relay teams must take all of their belongings off the bus** when reaching each exchange point, as you'll most likely not be boarding the same bus again. **Alcohol is not allowed on shuttles.**

Lastly, race day traffic will be heavy. Please be aware of possible delays. Please be courteous of the people around you. Any disrespect towards a shuttle bus driver, volunteer, race official, fellow runner, or other spectator will not be tolerated. Your team will be disqualified immediately, and you will be responsible for finding your own mode of transportation from that spot.



## SHUTTLE ROUTE



## SHUTTLE BUS TIMELINE

### Provided by Washington Local Schools

- Shuttles will be lined up on Drummond Rd. and Goddard Rd. beginning at 7:00AM to head to EP2.
- 7:00AM — Race starts.

### Exchange Point 1

7:15AM — Begin loading shuttles in a stagger fashion. Two buses at a time will begin departing for EP2 at 7:20AM.  
8:00AM — The last shuttles depart EP1 for EP2.

### Exchange Point 2

First Arrivals by 7:25AM — Last Arrivals by 8:05AM  
First Departure by 8:00AM — Last Departure by 9:00AM

### Exchange Point 3

First Arrivals by 8:10AM — Last Arrivals by 9:10AM  
First Departure by 8:35AM — Last Departure by 10:30AM

### Exchange Point 4

First arrivals at 8:45AM — Last arrivals at 10:40AM  
First Departure to finish line at 9:15AM — Last Departure to finish line at 12:00PM  
Final drop-off will be at the International House on University of Toledo Campus.  
To help ensure all relay participants have access to shuttles, the first buses returning to campus will head back on the course to transition exchange locations.

## RELAY EXCHANGE

**Exchange Corrals are setup at each relay exchange point.** All team members must remain in or behind the corrals until their team member arrives at the exchange zone. Exchange points #1 and #2 can get very congested. Please be courteous to your fellow runners and make every attempt to keep the exchange zones and marathon course clear.

### RELAY LEGS (*rounded distances in miles*)

Leg 1 = 3.4 // Leg 2 = 5.0 // Leg 3 = 6.6 // Leg 4 = 5.8 // Leg 5 = 5.4



## TIPS

- All shuttles will depart EP1 no later than 8:00AM to head to the second exchange point. Don't miss your ride.
- If driving yourself, drop off your first two runners on campus before 6:45AM then immediately drive to the second exchange point. Roads begin closing after that, and you don't want to start the race by fighting traffic and barricades.
- Use the mobile app RaceJoy to track your runners, to help get you in exchange zones ahead of their arrival.
- As your team member approaches, use the lookout system. Position one or two team members down the road to watch for your incoming team member. Then, notify the next runner to get ready for the hand-off.
- Bring food, water, and a change of clothes. Put one team member in charge of doughnuts and snacks. You will be on the course for several hours.
- Headphones are not recommended. They make it more difficult to communicate with teammates and volunteers. Every year, relay runners have run the wrong route due to wearing headphones.
- Plan to get off the shuttles at each exchange point to cheer for other runners while awaiting your team member's arrival, then back on with the newly arrived teammate to head to the next point.
- Shuttles will follow the complete route before returning to the finish.

## EXCHANGE POINT 1 (3.4 MILE MARK)

**Location:** On Bancroft St. between Goddard Rd. and Drummond Rd. Parking is available on the UT campus. Participants may walk from the starting line to EP1.

**Map Coordinates:** 41.663165, -83.613394

**Nearest Water Stop:** At mile marker 4, less than one mile after exchange point.

**Directions:** If you are parking on the UT campus, you may walk from the starting line to EP1. Roads will begin closing at 6:45AM.

**Drivers must be parked north of Bancroft St. before roads close at 7 AM.**



## EXCHANGE POINT 2 (8.4 MILE MARK)

**Location:** The corner of Edgehill and Valley View Drive in Ottawa Hills. Parking is available in the back lot at Epworth Church, on the south side of the building. Additional parking is available across the street from Epworth at Wildwood Metropark. Restrooms are available in Epworth parking lot.

\*Epworth graciously opens their church to the runners every year. **If parking at the church, please clear the lot by 8:30 AM so it is open for Sunday services.**

**Map Coordinates:** 41.675877, -83.657627

**Nearest Water Stop:** Less than a half mile south of exchange point on Edgehill Rd.

**Directions:** From Exchange Point 1:

1. Go north to Kenwood Blvd. and turn left.
2. Go about 0.5 miles to Secor Rd. and turn right.
3. Travel north about 0.5 miles to Central Ave. and turn left.
4. Continue west on Central Ave. about 2 miles to Epworth United Methodist Church.
5. Turn left into the Epworth Church parking lot.



## EXCHANGE POINT 3 (15 MILE MARK)

**Location:** On King Rd. at the entrance to Cougar Lane (Sylvania Southview High School) in Sylvania. Parking is available at Kroger on the corner of Sylvania Ave. and King Rd. Restrooms are available at this exchange point.

**Map Coordinates:** 41.685635, -83.721140

**Nearest Water Stop:** At exchange point

**Directions:** From Exchange Point 2:

1. From the Epworth Church lot, turn right onto Central Ave.
2. Turn left on Corey Rd. and continue north to W. Sylvania Ave.
3. Turn left on W. Sylvania Ave. and continue about 3.2 miles to King Rd.
4. Turn left into the Kroger parking lot.

Buses will continue west on Sylvania Ave. to Sylvan Lakes Blvd. and park at the intersection of Sylvan Towne Rd and King Rd in the right turn lane of Sylvan Towne Dr.



## EXCHANGE POINT 4 (20.8 MILE MARK)

**Location:** Just before the 21 mile mark in front of the historic Manor House, Wildwood MetroPark, Toledo. Parking is available near Metz Visitor Center. Restrooms are available at the exchange point.

**Map Coordinates:** 41.681118, -83.664494

**Nearest Water Stop:** About 0.25 miles further up the course.

**Directions:** From Exchange Point 3:

Watch for runners on course. Note: the main entrance to Wildwood will be closed until 9:00AM. Parking is also available at the Ward Pavilion just east of Wildwood's main entrance.

1. From Kroger, travel south on King Rd. about 1 mile to Central Ave.
2. Turn left on Central Ave. Make sure your parking pass is visible.
3. Continue east on Central Ave. for about 2.8 miles, then turn left into the maintenance entrance to Wildwood MetroPark, just past the viaduct.

**Directions:** To the finish at University of Toledo:

1. Head south to Central Ave. and turn left.
2. Go east on Central Ave. about 2.8 miles to Secor Rd. then turn right.
3. Go south on Secor Rd. for about 1.5 miles and turn left into parking lot 25 on the UT campus.



## RELAY REUNION (COURSE ENTRY POINT ON RALLY ROW)

**Location:** In Parking Lot 5 on the UT campus, near mile 26 of the marathon course. Parking is available on campus. We recommend entering from Dorr St. or Douglas, and follow Marshal and police instructions, as some roads and entrances will be closed until the race is complete.

**Directions:** Park in available parking around campus, make your way to Lot 5. **STAY OFF THE COURSE & CROSS AT DESIGNATED LOCATIONS.** Lot 5 will have an open gate for entering the course as a team as your final runner arrives. **STAY TO THE LEFT SIDE OF THE CONES AS A TEAM ON STADIUM DR.,** as to not block course for other runners. Finally, be aware of individual runners and do not impede their progress. They have run 26 miles and will be hurting. Cheer loud and bring your cowbell.

